

EMSH Insider



Music is in the Air



As Director of Recreational Services, Glenda Slay is well aware of the abundant amount of talent that her staff has been gifted with to share with others. Consistently, and with great enthusiasm, this Department is coming up with ideas that they turn into events, and many are blessed---none more so than our IRS. Among therapeutic offerings in Recreational Services is Music Appreciation. Rec Supervisor Jerry Hooks writes this: "One cannot say that music is clinical in itself. It is useful because of the psychological and physiological effects it has on mood and behavior. Used clinically, music is a means to treatment." Jerry, a MSU degreed Band Director, is the class instructor for EMSH's Music Appreciation program. His introductory 101 class includes the study of piano, keyboard, and drums for now, but he's excited that additional band instruments will soon be added to the curriculum.

Going beyond the study of music are Recreation Assistants Beverly Hamrick and Billy Davis. Beverly, an accomplished pianist, weekly teaches piano and keyboard as well as leads a sing-along with the ladies from Lewis! Pictured here is the proud instructor and one of her prized pupils. Billy's talents are numerous as well. As voice and sound man for all on campus activities, special hospital functions, and off campus activities, Billy wears many hats, including being assigned to 4 North. He is a prominent fixture when it comes to *all things entertainment* at East Mississippi State Hospital.

Recently, William "Mitch" Brantley and the guitar ensemble from Meridian Community College brought music appreciation to EMSH for an IRS Friday event. The ensemble is pictured here playing everything from Beethoven to the Beatles. The IRS enjoyed the program and some even tried to dance to Beethoven's "Ninth." Collaborative efforts with community partners such as MCC will continue in the fall.

On May 10th, a Gospel Explosion was hosted by Recreational Services and that too was well received. An abundance of Department gifts and graces once again "showed up and showed out" to the delight of everyone! This collective offering of song made all feel empowered and relieved of stress on a perfectly beautiful day. According to Hooks, Hamrick and Davis, music provides a calmness, peace, and a decrease in daily stress. Music indeed is a form of empowerment over the ups and downs of life. It is truly the universal language.



Hospital Appreciation Day hosted by REGIONS

Regions Bank and EMSH FRIENDS hosted a Hospital Appreciation Day on Tuesday, May 14th in Central Park. 147 employees enjoyed cookies and punch, received "thank you for what you do" giveaways from Regions, and had the opportunity to enter their names for door prize drawings. Congratulations to CDU's William Thedford, Pharmacy's Cynthia Lemon, and Timekeeping's Stephanie Johnson, door prize winners who are pictured here with our Regions' hostesses.

Pictured above l to r: Phatema Sillimon (Financial Service Specialist), Charles Carlisle (EMSH Director), Tracey Garrett (Financial Service Specialist), & Rona Gingell (Branch Team Leader)
Pictured Right (back l to r): William Thedford, Stephanie Johnson, Rona Gingell & Cynthia Lemon
(front l to r): Tracey Garrett and Phatema Sillimon



JOINT COMMISSION UPDATE

Self- Assessments

By Tjwanna Torgerson, RN



At the outset of this calendar year, Mr. McKnight charged a group of us with the responsibility of leading the various areas that must be covered in order to achieve Joint Commission Accreditation. As Patient Advocate, I was assigned the chapter of "Patient Rights and Responsibilities." Six dedicated colleagues were "drafted" to help see that everything in my area was "up to par," and boy, have we been busy little bees! Each of us read policies and interviewed personnel at all levels to determine if our policies met the Joint Commission standards and if the staff was actually following the policies that were in place. One of the "worker bees" called DMH and gathered information which helped us accomplish our task. Another assisted in the revision of the "Visitor Policy." By the deadline date of May 10th, we had completed our assignment and realized that we all had learned to be more observant when working with IRS charts. An example of a question that you might be asked during the Joint Commission survey would be, "Where do you locate an IRS' wishes about organ do-

nation and whether or not he or she has an advance directive?" If you know the answer, email me. Results will be published in the next *Insider*.

Canadian geese are abundant in the Meridian area, and their choice of home here at EAST MS STATE HOSPITAL is at the Bradley A. Sanders Adolescent Complex. Bill Ethridge, BASAC Maintenance, prides himself in being the "keeper" of the geese, especially in the spring when eggs hatch. Without fail, every spring, Bill will seek and find any fledglings and photograph them as they who is waddling the life! Take a look at this



BIRTHDAYS

17th ~ Theresa Ward
Business Services
17th ~ Terese Phillips
Health Records
21st ~ Alisha Hudnell
Lewis
21st ~ Gwen Boyd
Lewis
25th ~ Ronald Davis
BASAC
25th ~ Claudia Smith
BASAC
26th ~ Pat Coleman
Community Services
27th ~ Miranda Gonzalez
Inpatient Services
30th ~ Timmie Clark
BASAC

CALENDAR

May 1-31

National Mental Health Month



May 14

Hospital Appreciation Day

2:30-3:30

Central Park

Hosted by:



May 27

Memorial Day Holiday

May 30

Health Fair

11am-2pm

B-Building (Recreation)

May 31

7th Annual

Meridian Open Golf Tournament

NAS-Ponta Creek Golf Course



BASAC Geese
Family Reunion
Spring 2013



For the month of April, 139 employees were surveyed for hand hygiene compliance.

There was a 92% compliance rate for hand hygiene and the fingernail compliance rate was 96%.

Please remember to always practice good hand hygiene and cover your cough!

Thank you for your support in reducing the spread of infections!

Infection Prevention Department

CONGRATULATIONS

26th

Jared & Jessica (Friendship Center) Garner celebrate their 1st wedding anniversary.

31st

Rush & Brittany (EH/IP) Rushing celebrate their 3rd wedding anniversary.

TO 3 SOUTH FRIENDS SPRING RAFFLE WINNERS:

50/50 Raffle winner (a total of \$17 was won by Tommy Brown in Transportation)

Scarf/Blanket winner (Helen Edwards of 2 North)

Easter basket winner (Jason Richardson of 4 South)

Mother's Day gift set winner (Ken Ethridge in IT)

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